



# Michigan Teletherapy Disclosure Statement

## **WELCOME**

Before you begin receiving teletherapy services from Sanvello, we'd like share the information below with you, as required by the Michigan Public Health Code and the Michigan Dept. of Licensing and Regulatory Affairs (LARA). Please read through this document carefully and ask your therapist about information that seems unclear before you begin counseling, or at any time throughout your course of treatment.

## **YOUR RIGHTS**

As licensed therapists, we desire to integrate sound cognitive behavioral therapy principles in your treatment. You are entitled to receive information from any therapist concerning our methods of therapy, the techniques used, an estimation of the duration of your treatment, risks and benefits of counseling, confidential communication, and access to your records. You also have the right to know what other treatment options are available and the possible effectiveness of those alternatives. You may at any time seek a second opinion from another clinician and/or terminate the counseling process. Therapists need to be informed if you are working with more than one counselor. In a professional relationship with a therapist, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies that therapist.

HIPAA provides you with several new or expanded rights regarding your Clinical Record and disclosures of protected health information. These rights include requesting that your therapist amend your record; requesting restrictions on what information from your Clinical Record is disclosed to others; requesting an accounting of any disclosures of protected health information that you have neither consented to nor authorized; determining the location to which protected information disclosures are sent; having any complaints you make about our policies and procedures recorded in your records; and the right to another copy of this Notice upon request.

## **DISCLOSURE OF EXPERIENCE, DEGREES, LICENSING, AND OTHER CERTIFICATIONS**

You have the right to be informed regarding the degrees, credentials, certifications, registrations, and licenses held or obtained by your therapist. This includes the education, experience and training that were required to satisfy the degrees, credentials, certifications, registrations, and licenses. We have multiple licensed therapists who are working through our teletherapy practice.

This information is required by the Michigan Public Health Code and the Michigan Dept. of Licensing and Regulatory Affairs (LARA). Any and all complaints related to Licensed Professional Counselors can be directed to:

Michigan Department of Licensing and Regulatory Affairs Bureau of Professional Licensing  
ATTN: Complaint Intake Section 611 W. Ottawa Street,  
PO Box 30670 Lansing, MI 48909-8170  
E-Mail: [BPL-Complaints@michigan.gov](mailto:BPL-Complaints@michigan.gov)  
FAX: (517) 241-2389



## **SANVELLO MICHIGAN THERAPISTS**

### **David Rawlins MA MBA LPC – LPC Licensure # 6401012158**

My goal as a therapist to help everyone I work with to reach their goals, work through difficult times, and unlock their hidden potential to succeed in life. I am a licensed professional counselor and have been working in the field of mental health and substance abuse for over 20 years. I have worked at every level of treatment from peer services, case management, therapy, supervision, and administration. I am trained in several evidence-based practices and am skilled at helping people with depression, anxiety, trauma, and stress. I would be honored to partner with you making healthy changes in your life to find peace and joy in life. When I am not helping clients, I am very active with coaching sports and leading local youth activities as well as camping, fishing, and kayaking whenever possible.